

CISSM Pilot Grant Awards Criteria and Expectations

CRITERIA/REQUIREMENTS	NIH CISSM FUNDED PILOT	UW-FUNDED (RIFP)
Principal Investigator and Research Team	PI must be a doctorally-prepared Registered Nurse; PI must be new or early stage investigator. Could consider established investigator with new focus on sleep.	PI does not need to be RN, but at least one co-investigator must be. PI needs to be new or early stage investigator, but would consider established investigator with new focus on sleep health
Research Study Focus	Aims aligned with that of the CISSM: <ul style="list-style-type: none"> to design and test innovative and tailored self-management interventions to assist people across the lifespan to sleep better and simultaneously improve health, well-being, and quality of life engages population(s) with chronic illness Integrates CISSM model (see below Fig. 1) Provides data that will be used for a larger extramural study 	<ul style="list-style-type: none"> engages population(s) with chronic illness research focus on sleep deficiency defined as poor sleep quality, disrupted or fragmented sleep or inadequate sleep duration Provides data that will be used for a larger extramural study
Length of Research Study	2 years	1 year
Funding	Up to \$80K/2 years (max \$40K/yr)	\$15,000/1 year
Technology use	Required to include some aspect of technology (e.g., sensors, mHealth tools, wearable devices)	Encouraged, not required.
Intervention	Required, must be self- (or shared-) management focused	Intervention study highly encouraged, not required. If not intervention, needs to be preliminary data to support development of an intervention study.
Common Data Elements/ Required Instruments	Must Incorporate NINR and CISSM CDEs	Required to use CISSM and NINR CDEs as indicated if construct being measured.
Actigraphy	Actigraphy (and sleep diary) required	Use if design supports.
Level of mentoring by CISSM Pilot core	Required monthly meetings to monitor and support the intervention study.	Provide training to Project Investigators, in collaboration with the IPCT Core, in the use of common data elements, patient care technologies, and age-appropriate measures for CISSM studies
Training in responsible conduct of research	Required to take BRI in summer while funded Required to do GCP training	CITI training required, BRI encouraged May require GCP training
Formal written progress reports	Required annually	Required at end of project
Presentations to CISSM leadership, IAB and EAB	Required bi-annually	Required bi-annually