

**Yale State Sleep Lecture Series Fall Schedule 2018**  
**Wednesdays 11:00 am to 11:50 am (PST)**

**Zoom link:**

**<https://zoom.us/j/2037854163>**

Date 2018	Lecture	Speaker & Affiliation
September 5	<b>EEG Engineering Principles &amp; Artifacts</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Charles F. Guardia III, MD</b> Clinical Assistant Professor of Neurology Robert Larner, MD College of Medicine at the University of Vermont Associated Neurologists, P.C. Danbury, CT
September 12	<b>Sleep Neurophysiology as a Window on the Genetic Risk for Psychiatric Disease</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Shaun Purcell, PhD</b> Purcell Laboratory of Sleep and Neuropsychiatric Genetics Department of Psychiatry Brigham & Women's Hospital Harvard Medical School
September 19	<b><i>Yom Kippur Observance</i></b>	
September 26	<b>The Art of Sleeping Better After Cancer</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Eric Zhou, PhD</b> Instructor, Harvard Medical School Staff Psychologist, Dana-Farber Cancer Institute
October 3	<b><i>CT Pulmonary Society Meeting</i></b>	
October 6-10	<b><i>American College of Chest Physicians Conference – San Antonio</i></b>	
October 17	<b>Cellular Taxonomy of Hypothalamic Arousal Neurons</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Alexander C. Jackson, PhD</b> Assistant Professor Department of Physiology and Neurobiology University of Connecticut
October 24	<b>Sleep Duration, Risk Factor for Cardiovascular Disease</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Marie-Pierre St-Onge, PhD</b> Associate Professor of Nutritional Medicine Director, CUIMC Sleep center of excellence Columbia University Irving Medical Center

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Wednesdays 2:00pm to 2:50pm  
Location: TAC S44-7**

Date 2018	Lecture	Speaker & Affiliation
October 31	<i>Diversity training with Darin Latimore</i>	
November 7	<b>Endocrine Effects of Circadian Disruption</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Brian Wojeck, MD</b> Hospitalist Department of Internal Medicine Hartford Hospital
November 14	<b>Wearable Devices and Sleep Science</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Ana Krieger, MD, MPH</b> Associate Professor of Clinical Medicine, Departments of Medicine, Neurology, and Genetic Medicine, Weill Cornell Medicine Medical Director, Weill Cornell Center for Sleep Medicine
November 21	<i>Thanksgiving Break</i>	
November 28	<b>Central Apnea: A Headline or A Footnote?</b>  <i>Moderator: Lauren Tobias MD</i>	<b>M. Safwan Badr, MD, MBA</b> Professor and Chair, Department of Internal Medicine Libirio Tranchida, MD, Endowed Professor of Medicine Wayne State University School of Medicine University Health Center
December 5	<b>Sleep in Context – The Role of Race- Ethnicity, Physical Activity, and Chronotype</b>  <i>Moderator: Lauren Tobias MD</i>	<b>Royette Tavernier, PhD</b> Assistant Professor of Psychology Wesleyan University

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Date 2018	Lecture	Speaker & Affiliation
December 12	<p><b>Insights from Sleep Apnea Endotyping Using Clinical Polysomnography</b></p> <p><i>Moderator:</i> Lauren Tobias MD</p>	<p><b>Scott A. Sands, PhD</b> Instructor in Medicine Harvard Medical School Associate Physiologist, Division of Sleep and Circadian Disorders, Department of Medicine, Brigham and Women's Hospital</p>
December 19	<p><b>Obstructive Sleep Apnea and Transportation: What are the Risks and the Rules on the Road, in the Air and on the Rails?</b></p> <p><i>Moderator:</i> Lauren Tobias MD</p>	<p><b>Francoise Roux, MD, PhD</b> Pulmonary &amp; Critical Care Sleep Medicine Starling Physicians</p>

**Happy Holidays**  
**State Sleep will resume in January 2019**