CISSM Pilot Grant Awards Criteria and Expectations

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| CRITERIA/REQUIREMENTS | NIH CISSM FUNDED PILOT | UW-FUNDED (RIFP) |
| Principal Investigator and Research Team | PI must be a doctorally-prepared Registered Nurse; PI must be new or early stage investigator.  Could consider established investigator with new focus on sleep. | PI does not need to be RN, but at least one co-investigator must be.  PI needs to be new or early stage investigator, but would consider established investigator with new focus on sleep health |
| Research Study Focus | Aims aligned with that of the CISSM:   * to design and test innovative and tailored self-management interventions to assist people across the lifespan to sleep better and simultaneously improve health, well-being, and quality of life * engages population(s) with chronic illness * Integrates CISSM model (see below Fig. 1) * Provides data that will be used for a larger extramural study | * Engages population(s) with chronic illness * Research focus on:   + sleep deficiency defined as poor sleep quality, disrupted or fragmented sleep, or inadequate sleep duration   + Sleep health related to population health   + Precision health in relation to biomarkers   + Secondary data analysis of sleep data * Provides data that will be used for a larger extramural study |
| Length of Research Study | 2 years\* | 1 year |
| Funding | Up to $80K/2 years (max $40K/yr)\* | $20,000/1 year |
| Technology use | Required to include some aspect of technology (e.g., sensors, mHealth tools, wearable devices) | Encouraged, not required. |
| Intervention | Required, must be self- (or shared-) management focused | Intervention study highly encouraged, not required. If not intervention, needs to be preliminary data to support development of an intervention study. |
| Common Data Elements/ Required Instruments | Must Incorporate NINR and CISSM CDEs | Required to use CISSM and NINR CDEs as indicated if construct being measured. |
| Actigraphy | Actigraphy (and sleep diary) required | Use if design supports. |
| Level of mentoring by CISSM Pilot core | Required monthly meetings to monitor and support the intervention study. | Provide training to Project Investigators, in collaboration with the IPCT Core, in the use of common data elements, patient care technologies, and age-appropriate measures for CISSM studies |
| Training in responsible conduct of research | Required CITI training and BRI Required to do GCP training | CITI training required, BRI encouraged  May require GCP training |
| Formal written progress reports | Required annually | Required at end of project |
| Presentations to CISSM leadership, IAB and EAB | Required bi-annually | Required bi-annually |

\* In year 5, one 1-year CISSM pilot project will be funded for approximately $80,000 total.